

DISEASE SYMBOLISM

WORKSHOP

GOAL:

Disease is a remedy for the soul. It is a way in which the soul tells us how our emotions, thoughts and reactions in various life situations influence our health.

In this workshop you will gain an insight to the disease symbolism and get to know what each disease tries to tell you. You will learn to find not only their projections on human body and the space around you but also the connection with things happening in your life. You will be taught to read symbols of the most common diseases which may possibly change your attitude, the way of seeing yourself and the world around, to be able to live a quality life.

SUITABLE FOR:

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Disease and its hidden purpose
- Symbolism of the human body
- Symbolism and analog relations between various ways of understanding human body functioning (TCM – Traditional Chinese Medicine, chakras, Feng Shui)
- Body and space microsystems and their interconnection
- Symbolism in TCM and acupuncture
- Description of some common diseases, ways of reading them
- Projection of diseases into the space, their treatment on different levels
- Prevention
- Q & A

DURATION:

- ✓ 1 day
- ✓ 2 days

HUMAN BODY SYMBOLISM

WORKSHOP

GOAL:

This workshop offers a deeper insight to the topic about human body and easily explains the connections between human body and symptoms of the disease. It will help you to understand the language your body tries to speak to you and the symbolism in projection of the disease into various microsystems – chakras, space around you, ear, acupuncture points, meridians etc. By understanding what your body has to say, you can help it to cure your diseases and your life.

SUITABLE FOR :

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Disease, its symptoms and purpose
- Principles of human body structure
- Symbolism and analog relations between various ways of understanding human body functioning (TCM, chakras, Feng Shui)
- Male and female faces from TCM perspective
- Diagnosis based on face and tongue from TCM perspective
- Interconnections between human body and space microsystems
- Acupuncture points, meridians, their division and symbolic relevance for human body
- Different points of view and understanding of human body in various cultures
- Q & A

DURATION:

- ✓ 1 day
- ✓ 2 days

5 ELEMENTS

SYSTEM OF 6 WORKSHOPS

GOAL:

System of 5 elements is one of the most complex theories about human being. It explains an exciting knowledge about forces and principles that work within our bodies and have a significant impact on the quality of our physical and spiritual health - with or without our conscious will.

The purpose of this workshop is to teach how each element influences every one of five levels of human existence – physical, energetic, mental, emotional and spiritual. It will be also explained how is possible to strengthen the level via special techniques and exercises, food and through understanding these principles.

SUITABLE FOR :

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Theory of 5 elements – Wu Xing
- Element and its characteristics, belonging organ, emotion, energy movement, taste, color and inner / outer expression
- Element **WOOD** (liver, gall bladder, tendons, anger...)
- Element **FIRE** (heart, pericardium, small intestine, triple warmer, joy...)
- Element **EARTH** (spleen, stomach, touch, mind, thoughts...)
- Element **METAL** (lungs, large intestine, skin, sadness, nose...)
- Element **WATER** (kidneys, bladder, fear, ears...)
- 5 elements in dietetics
- Taoistic cultivation techniques
- Q & A

DURATION:

- ✓ 6 x 2 days

DIETETIK (CHINESE SECRETS OF NUTRITION)

SYCLE OF 3 WORKSHOPS

GOAL:

According to Traditional Chinese Medicine, food is right after the way of thinking the most important factor influencing physical body health. Common foods have great hidden healing powers which is the reason why is dietetics in Traditional Chinese Medicine so important while treating diseases.

This workshop will uncover a secret of Traditional Chinese Medicine regarding to the use of foods and their influence on human body in health and sickness. You will find out how important food is for your health and the quality of your everyday life, as well as its preparation and mutual supplementation, to find physical and spiritual harmony.

SUITABLE FOR :

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Foods energetics
- Theory of 5 elements
- 5 substances – energy QI, blood XUE, essence JING, spirit SHEN, fluids JIN YE
- 5 tastes and their influences
- Influencing QI flow with food
- Influencing the nature of food
- Supporting the organs using food
- Classification of foods (vegetables, cereals, spices, fruits, meat, seafood and fish, nuts and seeds, dairy, drinks)
- Treatment of specific diseases
- Foods according to elements
- Q & A

DURATION:

- ✓ 3 x 2 days

INNER ALCHEMY

WORKSHOP

GOAL:

Everyone wants to be happy in life. One of the ways to find your happiness is to work on yourself. By understanding the principles of so called inner alchemy you can find out how you can easily and effectively improve the quality of your life. That can be done through special techniques and exercises, for example taoistic cultivation techniques, qigong, meditations, that will lead to experience an inner harmony and happiness.

SUITABLE FOR:

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Introduction to traditional Chinese medicine
- Principles of inner work
- **Physical level** – techniques to directly affect physical body, diseases, work with bodily feelings
- **Energetic level** – working with energy in organs and meridians
- **Mental level** – control over mind and thoughts
- **Emotional level** – techniques for working with an emotional energy and to influence the health state of inner organs
- **Spiritual level** – development of human character, empathy, searching for happiness and inner harmony
- Food and its influence on sustaining good physical and spiritual health
- Q & A

DURATION:

- ✓ 1 day
- ✓ 2 days

INNER ALCHEMY FOR COUPLES

WORKSHOP

GOAL:

Purpose of this seminar is to present some information about using the life force to improve health and teach exercises with a partner, based on which you will be able to utilize the potential of your sexual energy in relationship and understand both your and your partner's body.

Taoists in Old China discovered that a sexual energy between two people in love can be used not only to improve their sex life but for mutual healing during the lovemaking or speeding up the spiritual growth of both partners as well.

SUITABLE FOR:

- ✓ Interested public

WHAT YOU WILL LEARN IN THIS SEMINAR:

- Learn to develop your sexual energy and use it to improve your health
- Try different exercises with your partner
- Acquire some information to improve your sexual performance
- Learn basics of acupressure and application of acupressure points in various illnesses
- Get to know the principles of traditional Chinese medicine
- Learn to recognize emotional and energetic blockings in partner's body and dissolve them using special massage techniques

CONTENT:

- Introduction to traditional Chinese medicine – theory, meridians
- Yin-Yang theory and 5 elements theory – their use in everyday life and sexuality
- Symbolism of human body and sexuality
- Exercises to feel your energy and energy of your partner
- Explanation of energy flow in meridians, use of some acupuncture points
- Common preparative exercises and massages, self-massages
- Introductory exercises separately and in pairs
- Exercises to improve sexual energy, sexual performance, erection and health of genitals
- Exercises for penis enlargement
- Meditation, concentration and cultivation techniques for lovemaking
- Sexual positions to improve health
- Getting to better know partner's body in privacy of your own room

DURATION:

- ✓ 2 days

HUMAN ENERGO-INFORMATION SYSTEM

WORKSHOP

GOAL:

Although a lot of brand new information regarding the system of human body functioning is being published every day, ancient knowledge discovered and used by our ancestors, healers, shamans, wizards, even common people, is becoming more and more interesting for public, waiting to be fully explained and confirmed.

Purpose of this workshop is to provide general knowledge about human Energy-Information System, explain how it all operates, answer the questions regarding system's energy defense, energy information offences, disease diagnosis, reveal some techniques to cleanse human body and living space from Energy-Information Smog and much more.

SUITABLE FOR :

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Introduction to human Energo-Information System (EIS)
- Energo Information Portions (EIP), how information works in EIS
- Methods of energy defense for human body and a living space
- Principles of working with energy
- Methods of long distance disease diagnosis
- Techniques to cleanse human body and living spaces from Energo-Information Smog
- Types of energy information and information offences
- Q & A

DURATION:

- ✓ 1 day
- ✓ 2 days

PULSE READING

PRACTICAL WORKSHOP

HOW TO DIAGNOSE A HEALTH STATE ACCORDING TO CHINESE MEDICINE

GOAL:

Pulse diagnostics can detect a disease before it manifests. It is an extraordinary and very exact way to detect an unbalance soon enough to easily eliminate the true cause of health problems. Pulse diagnostics offers objective information about the state of patient's body, mind and spirit. It is used to predict the development of health state but especially to identify malfunctions.

Purpose of this workshop is to teach the participants to read the patient's pulse just by a simple touch of fingers, find out information about his health and begin with an effective treatment.

SUITABLE FOR :

- ✓ Therapists
- ✓ Interested public

CONTENT:

- Introduction to traditional Chinese medicine
- Body organs and meridians
- 5 substances – energy QI, blood XUE, essence JING, spirit SHEN, fluids JIN YE
- Inner and outer causes of diseases
- Basic pulse types, pulse in health, pulse in sickness
- Techniques of reading the pulse and its interpretation
- Practical examples and exercises
- Q & A

DURATION:

- ✓ 1 day
- ✓ 2 days

SYMBOLIC ACUPUNCTURE

SPECIAL WORKSHOP

GOAL:

Purpose of this workshop is to provide a higher level of information about the acupuncture points and their practical use to the Chinese medicine therapists.

SUITABLE FOR:

✓ TCM and CCM Therapists

CONTENTS:

- Introduction to Traditional Chinese Medicine
- Hexagrams, multilevel, one-point and symbolic acupuncture
- Use of acupuncture points' energetics and their symbolism
- Symbolism of meridians
- Techniques of reading the pulse and its interpretation
- Practical examples and exercises

DURATION:

- ✓ 1 day
- ✓ 2 days





MAIN LECTURER:

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- **Professional lecturer of traditional chinese medicine at Sinobiologic company in Czech Republic and Slovak Republic**
- **Certified 5-year-studies at Guang Ming Beijing University in Prague, department of acupuncture and moxibustion with praxis in Dong Zhi Men Hospital, Beijing, China**
- **Study of taoistic constitutional acupuncture of stems & branches and 5 elements (Sweden, Izrael)**
- **Holder of Feng Shui certificate, Yi-Jing (the Book of Changes) certificate, Chinese astrology certificate, Yi-Jing acupuncture certificate (France)**
- **14 years of praxis like pratitioner and therapist of classical chinese medicine, health consultant, psychodiagnostician, life coaching**
- **Speaker and lecturer of**
 - Symbolism of the body and disease**
 - Psychodiagnostic**
 - Traditional chinese medicine**
 - Feng shui**
 - Inner alchemy**
 - Human Energo-information systems**
 - Qigong and qigong for couples**